



AQUA MED®
POLIKLINIKA

**FIZIKALNA MEDICINA I
REHABILITACIJA**

**PHYSICAL MEDICINE &
REHABILITATION**

SPECIJALISTIČKI PREGLED FIZIJATRA
EXAMINATION BY PHYSIATRIST
30min / 50 €

**KONTROLNI SPECIJALISTIČKI PREGLED
FIZIJATRA**
FOLLOW UP EXAMINATION BY PHYSIAT-
RIST 15min / 35 €

**PUNKCIJA KOLJENOG ZGLOBA I
EVAKUACIJA SADRŽAJA** 41,00 €

**INTRAARTIKULARNA PRIMJENA LIJEKA
(KORTIKOSTEROIDA)** 50,00 €

**INTRAARTIKULARNA INJEKCIJA HYALONE
/ HYALUBRIX 30 MG** 96,00 €

**INTRAARTIKULARNA INJEKCIJA HYALONE
/ HYALUBRIX 60 MG** 259,00 €

**SAVJETOVANJE S LIJEČNIKOM AKUPUN-
TUROLOGOM**
CONSULTATION WITH MEDICAL ACU-
PUNCTURIST 15 min / 20 €

AKUPUNKTURA (PO APLIKACIJI)
ACUPUNCTURE (PER APPLICATION)
40 EUR

**PASIVNE I AKTIVNE
FIZIOTERAPIJSKE
PROCEDURE**

**PASSIVE AND ACTIVE
PHYSIOTHERAPY
PROCEDURES**

**TERAPIJSKI ULTRAZVUK + ELEKTROTERA-
PIJA**
THERAPEUTIC ULTRASAUND Aplikacija 20
min / Application 20 min 16 €

**ELEKTROTERAPIJA (IFS, TENS, dijadinamske
struje, ruske struje, galvanske struje) /
ELECTROTHERAPY (IFC, TENS, diadynamic
current, russian current, galvanic current)**
Aplikacija 10 min / Application 10 min / 13 €

MAGNETOTERAPIJA
MAGNETOTHERAPY Aplikacija 10min / Ap-
plication 10min / 13 €

**PAKET 10 X 10 min ULTRAZVUK, ELEK-
TROTERAPIJA, TERMOTERAPIJA ILI BI-
OPTRON / PACKAGE OF 10 X 10 min OF
ULTRASOUND, ELECTROTHERAPY, THER-
MOTHERAPY OR BIOPTON** 93 €

UDARNI VAL /SHOCKWAVE THERAPY 35 €

PAKET 5 + 1 UDARNIH VALOVA
PACKAGE 5 + 1 SHOCKWAVE THERAPY
175 €

**MEDICINSKA MASAŽA I MANUALNA TER-
APIJA**
MEDICAL MASSAGE AND MANUAL THERA-
PY 40 min / 45 €

PAKET 10 X 40 min MEDICINSKA MASAŽA + MANUALNA TERAPIJA / PACKAGE 10 X 40 min OF MEDICAL MASSAGE + MANUAL THERAPY 425 €

MEDICINSKA MASAŽA I ULTRAZVUK 40 min
MEDICAL MASSAGE AND ULTRASOUND 40 min / 45 €

MEDICINSKA MASAŽA + ULTRAZVUK PACKAGE 10 X 40 min OF MEDICAL MASSAGE + ULTRASOUND 425 €

MANUALNA LIMFNA DRENAŽA
MANUAL LYMPHATIC DRAINAGE 50 MIN / 45 €, 75 MIN / 70 €
PAKET 5 + 1 GRATIS / PACKAGE 5+1 GRATIS

MANIPULACIJA FASCIJE (TEHNIKE MFR, STECCO, EMMETT)
FASCIAL MANIPULATION (MFR, STECCO, EMMETT) 60 min / 40 €

PAKET 10 X 60 min MANIPULACIJA FASCIJE
PACKAGE 10 X 60 min FASCIAL MANIPULATION 345 €

PAKET 5 X 60 min MANIPULACIJA FASCIJE
PACKAGE 5 X 60 min FASCIAL MANIPULATION 180 €

FIZIOTERAPIJSKA PROCJENA I SAVJETOVANJE
PHYSIOTHERAPY EVALUATION AND COUNSELING 20 min / 20 €

EDUKACIJA I KOREKCIJA LOŠEG DRŽANJA
EDUCATION AND CORRECTION OF BAD POSTURE 60 min / 35 €

FUNKCIONALNI FIZIOTERAPIJSKI TRETMAN
FUNCTIONAL PHYSIOTHERAPY TREATMENT 60 min / 37 €

PAKETI

PAKET FIZIKALNE TERAPIJE 10 DANA

1 x konzultacije s fizioterapeutom 15'
10 x individualni tretman s fizioterapeutom 60' (fizikalna terapija, medicinska masaža, struje, magnet, ultrazvuk, individualne vježbe) 350 €

PHYSICAL THERAPY PACKAGE 10 DAYS

1 x consultation with physiotherapist 15'
10 x individual treatment with physiotherapist 60' (physical therapy, medical massage, electricity, magnet, ultrasound, individual exercises) 350 €

AQUA REHABILITATION PAKET 10 DANA

1 x konzultacije s fizioterapeutom 15'
10 x individualni tretman s fizioterapeutom (bazen, teretana ili fizikalna terapija) 60' 350 €

AQUA REHABILITATION 10-DAY

1 x consultation with physiotherapist 15'
10 x individual treatment with physiotherapist (swimming pool, gym or physical therapy) 60' 390 €

GRUPNE VJEŽBE GROUP EXERCISES

HIDROTERAPIJSKE VJEŽBE U BAZENU
HYDROTHERAPY SESSION IN THE POOL
2x TJEDNO / 2x PER WEEK 80 €
3x TJEDNO / 3x PER WEEK 95 €

MEDICINSKI TERAPIJSKI TRENING
MEDICAL THERAPY TRAINING
2x TJEDNO / 2 x PER WEEK 60 €
3x TJEDNO / 3 x PER WEEK 75 €

KOREKTIVNA GIMNASTIKA ZA DJECU /
CORRECTIVE GYMNASTICS FOR CHILDREN
2x TJEDNO / 2 x PER WEEK 60 €
3X TJEDNO/ 3 x PER WEEK 75 €

NUTRICIONIZAM

SAVJETOVANJE I NUTRITIVNA ANAMNEZA
INITIAL APPOINTMENT AND NUTRITION
COUNSELING 45 MIN/ 65,00 €

IZRADA SEDMODNEVNOG PLANA PREH-
RANE I NUTRITIVNA ANAMNEZA PERSON-
ALIZED 7-DAY DIET PLAN AND NUTRITION
HISTORY 60 MIN / 105,00 €

KONTROLNA NUTRICIONISTIČKA OBRADA
30 MIN
30 MINUTE CHECK-IN WITH NUTRITIONIST
/ 40,00 €

IZRADA NUTRICIONISTIČKIH SMJERNICA I
NUTRITIVNA ANAMNEZA PERSONALIZED
NUTRITION GUIDELINES AND NUTRITION
HISTORY 60 MIN / 85,00 €

ULTRAZVUK I COLLOR DOPPLER

UZV vrata 10-15 min
ULTRASOUND of thyroid gland and neck
40,00 €

UZV štitnjače i vrata 10-15 min
ULTRASOUND of thyroid gland and neck
55,00 €

DOJKE / BREASTS
UZV dojki 20 min
ULTRASOUND of breasts 50,00 €

UZV i CD dojki 25 min
ULTRASOUND & Color doppler of breasts
60,00 €

UZV jedne dojke (kontrolni pregled)
ULTRASOUND of one breast (control exam-
ination) 10-15 min 35,00 €

COLOR DOPPLER:
CD karotidnih arterija i VB sliva
CD of carotid arteries and VB basin 50,00 €

CD arterija po ekstremitetu
CD of arteries per extremity 40,00 €

CD arterija obostrano
CD of arteries bilaterally 60,00 €
CD vena po ekstremitetu
CD of veins per extremity 40,00 €

CD vena obostrano
CD of veins bilaterally 60,00 €

CD arterija i vena obostrano
CD of arteries & veins bilaterally
100,00 €

OSTALO:

UZV testisa 15 min
ULTRASOUND of testicles 40,00 €

UZV + CD testisa 15-20 min
ULTRASOUND & CD of testicles 55,00 €

UZV površinskih struktura (npr. lipomi)
ULTRASOUND of surface structures (e.g.
lipomas) 10 min 30,00 €

UZV pazuha (aksila)
ULTRASOUND of armpit (axilla) 10 min 30,00
€

UZV prepona (ingvinuma)
ULTRASOUND of groin (inguinum) 10 min
30,00 €

UZV lokomotornog sustava (zglob)
ULTRASOUND of locomotor system (joint) 15
min 50,00 €
(GLEŽNJA / ANKLE, KOLJENA / KNEE, LAK-
TA / ELBOW, NADLAKTICE / UPPER ARM,
NATKOLJENICE / UPPER LEG, PODLAKTICE
/ FOREARM, POTKOLJENICE / LOWER LEG,
RAMENA / SHOULDER, RUČNOG ZGLOBA /
WRIST, STOPALA / FOOT)